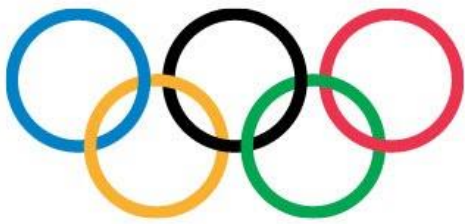


# Study Tours

OLYMPIC STUDIES in GREECE | ATHENS + NAFPLIO + OLYMPIA + DELPHI



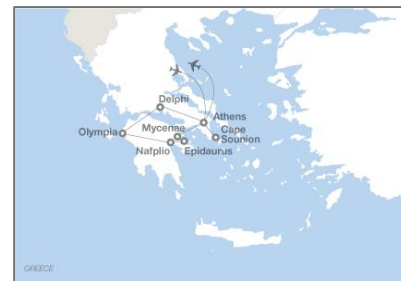
*Click in Pentagon... study the Olympic Movement!*














# Greece



**11 DAYS / 10 NIGHTS**  
**Athens + Olympia + Delphi**

## WHAT YOU GET:

-  Round Trip Flights & Ferry
-  Luxurious Motor Coach
-  Finest Accommodation
-  Substantial Meals
-  Workshops / Lessons
-  Guided Sightseeing
-  24/7 Tour Manager

## DAILY ITINERARY

### Day 1: Athens

- Welcome to Athens! Meet your PST Tour Manager and transfer to your hotel
- Orientation walk, dinner & overnight

### Day 2: Athens / Acropolis

- Guided visit of Acropolis archaeological site and museum. Following Athens city tour including the Tomb of the Unknown Soldier (short stop to get pics with the guards), Academy of Athens and etc.
- Time on your own for lunch in Plaka
- In the afternoon tour in Cape Sounio
- Back to hotel for dinner and overnight

### Day 3: Athens / Marathon

- After breakfast depart for the Marathon Run Museum (lunch break on your own)
- Back to hotel for relaxing
- Greek Cultural night including Greek traditional meals & music

### Day 4: Athens / Presentations

- After breakfast visit an American College in Athens for presentations on 2 different Olympic topics, plus sports activities & discussion with local students
- Visit Panathenaic Stadium for tour & presentation on a 3rd topic
- Back to hotel for dinner and overnight

### Day 5: Athens / Presentations

- Breakfast at hotel
- Visit of Hellenic Olympic Committee (HOA) for 2 presentations & Athens Olympic Sports Complex for a guided tour
- Dinner at hotel

### Day 6: Athens - Nafplio

- After breakfast departure for Nafplio. On the way visit of the Canal of Corinth, Mycenae & Epidauros (stop en route for lunch break)
- Check-in at the hotel in Nafplio & dinner

### Day 7: Nafplio - Ancient Olympia

- After breakfast city tour including the Medieval Old Town, the Italianate Syntagma Square, the Palamidi Castle and etc. (lunch break in Nafplio)
- Drive from Nafplio to Olympia, check-in hotel & dinner

### Day 8: Ancient Olympia - Delphi

- After breakfast ancient Olympia guided tour including the ancient Olympic Stadium, the archeological museum, the Temple of Hera, etc., & visit of the International Olympic Academy (IOA)
- Late noon drive from Olympia to Delphi
- Arrive Delphi hotel, check-in & dinner

### Day 9: Delphi - Athens

- Guided visit of Delphi museum and the archaeological site
- Lunch break in Arachova (nearby village)
- Depart from Delphi to Athens
- Check-in hotel & dinner

### Day 10: Athens / Day Cruise

- After breakfast board for 1 Day Cruise at the Saronic Islands (Aegina, Hydra & Poros)
- Back to hotel & farewell dinner at a traditional restaurant

### Day 11: Departure to home...

★ Add 4 days in **Mykonos** or **Santorini**



*Click in Pentagon... study the Olympic Movement!*

*Click in Pentagon... enter  
into the World of Education!*



## WHY CHOOSE PENTAGON...

- for the **EXPERIENCE & EXPERTISE** that we have gained over the years, being the only tour operator in Greece which DEALS EXCLUSIVELY with educational & sports tours
- for the VARIETY OF OPTIONS we can offer in sports **DESTINATIONS WORLDWIDE**
- because every tour that we arrange is a special **TAILOR-MADE TOUR** which is perfect for you and meets your specific goals for the trip
- because PST in cooperation with selected network of partners provides only **TOP QUALITY SERVICES**, from transportation and accommodation till the last detail of your tour
- our **HIGH COMPETITIVE RATES** offer you the best possible **VALUE FOR MONEY**. At PST the PRICE QUOTED is THE PRICE YOU PAY!!!
- because PST is **a member of the Hellenic Association of Tourism & Travel Agencies** and **ACCREDITED by GNTA**. In addition YOUR TOUR IS FINANCIALLY SECURED because of the Civil Professional Responsibility Insurance that PST has taken out for each single trip
- because we're at your disposal **24/7** in order to **SUPPORT YOU** and be sure that your tour will run smoothly

## MORE INFO

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### Website or Email

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# Study Tours

GREECE | ATHENS + DELPHI + GREEK ISLANDS CRUISE



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# Greece



## 10 DAYS / 9 NIGHTS Athens + Delphi + Islands

### WHAT YOU GET:

-  Round Trip Flights & Ferry
-  Luxurious Motor Coach
-  Finest Accommodation
-  Substantial Meals
-  Workshops / Lectures
-  Guided Sightseeing
-  24/7 Tour Manager

### DAILY ITINERARY

#### Day 1: Athens

- Welcome to Athens! Meet your PST Tour Manager and transfer to your hotel
- Dinner & overnight

#### Day 2: Athens / Acropolis

- Guided visit of Acropolis archaeological site and museum. Following Athens city tour including the Tomb of the Unknown Soldier (short stop to get pics with the guards), Academy of Athens and etc.
- Time on your own for lunch in Plaka
- Back to hotel for dinner and overnight

#### Day 3: Athens / Presentations

- After breakfast visit an American College in Athens for presentations on 2 different Sports Management topics, plus sports activities & discussion with local students
- Visit Panathenaic Stadium for tour & presentation on a 3rd topic
- Back to hotel for dinner and overnight

#### Day 4: Athens / Delphi

- After breakfast travel to Delphi and guided visit to museum and the archaeological site
- Lunch on your own in Arachova
- Travel back to Athens, check into hotel and dinner

#### Day 5: Athens / Presentations

- Breakfast at hotel
- Olympiacos Rentis Training Center Tour & presentation of Olympiacos's Sports Management
- Back to hotel and dinner

#### Day 6: Greek Islands Cruise - Mykonos

- Transfer to the port and embarkation on the ferry for a 3 days cruise in Greek Islands (Mykonos, Patmos,
- Explore on your own the Old Town (Chora) of Mykonos

#### Day 7: Greek Islands Cruise - Patmos

- Explore on your own Patmos, the island where Saint John wrote the Book of Revelation (Apocalypse)

#### Day 8: Greek Islands Cruise - Heraklion & Santorini

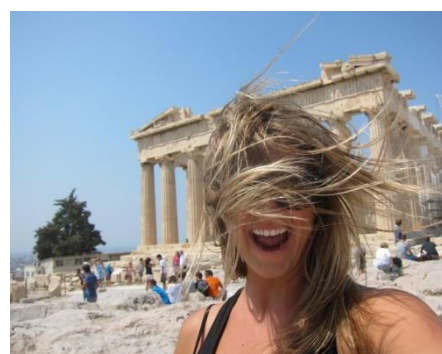
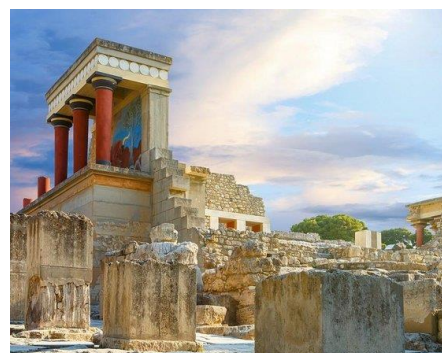
- Including excursion to Palace of King Minoan in Knossos of Heraklion in Crete
- Including excursion to Oia in Santorini to watch the famous sunset

#### Day 9: Athens

- Disembarkation and transfer into hotel.
- Free time to explore Athens city center on your own
- Participation in a cooking class
- Afternoon transfer to Temple of Poseidon in Cape Sounio to watch a majestic sunset
- Farewell dinner at a Greek Traditional Tavern

#### Day 10: Departure to home...

- ★ Add **extra activities** such as:  
Orienteering, Bike Tour,  
Scuba Diving / Snorkeling,  
Raft Building, Hiking and etc.



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- for the VARIETY OF OPTIONS we can offer in sports **DESTINATIONS WORLDWIDE**
- because every tour that we arrange is a special **TAILOR-MADE TOUR** which is perfect for you and meets your specific goals for the trip
- because PST in cooperation with selected network of partners provides only **TOP QUALITY SERVICES**, from transportation and accommodation till the last detail of your tour
- our **HIGH COMPETITIVE RATES** offer you the best possible **VALUE FOR MONEY**. At PST the PRICE QUOTED is THE PRICE YOU PAY!!!
- because PST is **a member of the Hellenic Association of Tourism & Travel Agencies** and **ACCREDITED by GNTA**. In addition YOUR TOUR IS FINANCIALLY SECURED because of the Civil Professional Responsibility Insurance that PST has taken out for each single trip
- because we're at your disposal **24/7** in order to **SUPPORT YOU** and be sure that your tour will run smoothly

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# Study Tours

SPORTS MEDICINE in GREECE | ATHENS + OLYMPIA + DELPHI



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# Greece



**10 DAYS / 9 NIGHTS**  
**Athens + Olympia + Delphi**

## WHAT YOU GET:

-  Round Trip Flights & Ferry
-  Luxurious Motor Coach
-  Finest Accommodation
-  Substantial Meals
-  Workshops / Lessons
-  Guided Sightseeing
-  24/7 Tour Manager

## DAILY ITINERARY

### Day 1: Athens

- Welcome to Athens! Meet your PST Tour Manager and transfer to your hotel
- Dinner & overnight

### Day 2: Athens / Acropolis

- Guided visit of Acropolis archaeological site and museum. Following Athens city tour including the Tomb of the Unknown Soldier (short stop to get pics with the guards), Academy of Athens and etc.
- Time on your own for lunch in Plaka
- Afternoon tour in Cape Sounio
- Back to hotel for dinner and overnight

### Day 3: Athens / Presentations

- After breakfast visit an American College in Athens for presentations on different Sports Medicine topics, plus sports activities & discussion with local students
- Visit Panathenaic Stadium
- Back to hotel for dinner and overnight

### Day 4: Athens / Presentations

- After breakfast Olympic Sports Complex of Athens Tour (OAKA) & 1<sup>st</sup> presentation
- Lunch break & transfer to the University of Athens for the next 2 presentations
- Rest of day free to explore Athens
- Back to hotel for dinner

### Day 5: Athens / Presentations

- Breakfast at hotel
- Olympiacos Rentis Training Center Tour & different topics presentation by Club's Sports Doctor
- Back to hotel and dinner

### Day 6: Athens / Day Cruise

- After breakfast board for 1 Day Cruise at the Saronic Islands (Aegina, Hydra & Poros)
- Dinner at the hotel & overnight

### Day 7: Athens - Ancient Olympia

- After breakfast departure for Ancient Olympia. On the way visit of the Canal of Corinth, Mycenae & Epidaurus (stop en route for lunch)
- Check into hotel in Olympia and dinner

### Day 8: Ancient Olympia - Delphi

- After breakfast ancient Olympia guided tour including the ancient Olympic Stadium, the archeological museum, the Temple of Hera & etc.
- Visit of the International Olympic Academy (IOA) & presentation of 2 topics from the Sports Medicine Staff
- Late noon drive from Olympia to Delphi
- Arrive Delphi hotel, check-in & dinner

### Day 9: Delphi - Athens

- Guided visit of Delphi museum and the archaeological site
- Lunch on your own
- Depart from Delphi to Athens
- Check-in hotel, farewell dinner with Greek traditional food and music

### Day 10: Departure to home...

- ★ Add 4 days in **Mykonos** or **Santorini**
- ★ Add **extra activities** such as:  
Cooking Class, Orienteering, Bike Tour, Raft Building and etc.



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