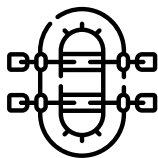




## RAFT BUILDING



*An ideal adventure for Sea Lovers...*

A unique team bonding activity on the coast of Athens, where participants in teams create their own raft and compete in a rowing race! In building a seaworthy raft, teams develop creativity, trust and have great fun. It's challenging and ideal for water sports lovers! Project teams' participants receive essential limited useful materials including plastic barrels, ropes, oars & wooden stakes. Teams construct a raft in a specified time frame and then sail away. Their plans are documented and extra points are given for speed, effectiveness and teamwork. Once the rafts are built the teams compete in a real raft race.



### GROUP SIZE

10-12 people per Crew



### DURATION

2 hours at Attica's coast



### SPACE REQUIREMENTS

20sq meters space per team are required on a private or a hotel's beach



### ACTIVITY DESCRIPTION

A group is divided into crews of 12-15 people and each team receives useful equipment to build a raft and "sail away"! All teams will then compete in a relay race. Gold, silver and bronze medals will be awarded, based on cooperation, planning, and implementation.

Supplies: barrels x 200lt, wooden stakes x 3m, wooden stakes x 1.5m, ropes, stripes, life jackets, oars and more!



## BIKE TOUR + RAFT BUILDING



*A full day activity in Marathon National Park...*

### **PART 1: Bike Tour / Morning 09.00 to 12.00**

An exciting journey in a plain valley, along the sea that will be unforgettable for all those who set eyes on it. We get a closer view of the Mediterranean countryside, as we cycle along quiet roads and secluded narrow paths. The area where the historical battle of Marathon took place is full of sights with great historical & environmental value! We ride in a flat course next to the sea through a unique pine forest. Along our way we will meet some of the 220 bird species that live in the area.

### **PART 2: Raft Building / Noon 12.30 to 14.30**

A unique team bonding activity on the coast of Shinias-Marathon, where our crews create their own raft and compete in a rowing race! In building a seaworthy raft, teams develop creativity, trust and have great fun. It's challenging and ideal for water sports lovers! Project teams' participants receive essential limited useful materials including plastic barrels, ropes, oars & wooden stakes. Teams construct a raft in a specified time frame and then sail away and compete in a real raft race!



#### **SIGHTS OF INTEREST**

Rowing & Canoe Kayak Olympic Venue  
Mediterranean Stone Pine Forest (Pinus Pinea)  
Shinias Wetland (Natura 2000 site)



#### **PART I: ACTIVITY DESCRIPTION**

A group is divided into teams of 12-15 people and each one accompanied by an English speaking bike-escort. All teams ride on the same route keeping 100-150m distance between them. 3 stops are organized during the tour where interesting information on the sites is provided.

Meeting Point: Olympic Canoe & Kayak venue

Ending Point: Shinias-Marathon beach

Duration Approximately 3 hours



#### **PART II: ACTIVITY DESCRIPTION**

A group is divided into crews of 12-15 people and each team receives useful equipment to build a raft and "sail away"! All teams will then compete in a relay race. Gold, silver and bronze medals will be awarded, based on cooperation, planning, and implementation.

Supplies: life jackets, barrels x 200lt, wooden stakes x 3m, wooden stakes x 1.5m, ropes, stripes, oars, and more!

Duration Approximately 2 hours