

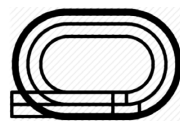


## MINI OLYMPIC GAMES / ATHENS



*Citius, Altius, Fortius...*

A unique experience combining strategy, competition and self-discipline inside the PANATHINAIAC STADIUM of Athens, the home of first modern Olympic Games in 1896! The Olympic Games are one of the most popular activities and ideal for every active group...



### SPORTS

- Relay race 4x100m
  - Long jump
  - Discus throw
  - High jump
- Sprint race 200m
  - Shot put
  - Javelin throw



### DURATION

- Approximately 2 ½ hours inside the Panathinaic Stadium of Athens



### ACTIVITY DESCRIPTION

- Group is splitted into smaller teams
  - All team members in a rotation for "Training - Warming up" session (includes a short seminar and actual trials in each sport)
  - Teams assign Roles ("Athletes"), in each team there will be athletes for each of the selected games
    - "Olympics Sport Competition": "Athletes" in action! (experienced instructors guide and coach all the athletes)
    - "Awarding"
- (Medals awarding on a podium for the Gold, Silver & Bronze winners)

